

Gabriella GIUBILARO

Intensive Workshop: 5-6-7-8 octobre 2018

About Gabriella

Based in her native Florence, Gabriella, who holds Avanced Junior Cerfification, is generally regarded as one of the finest teachers in the world. Her knowledge is rich with more than 30 years of direct study with BKS lyengar. We are honored to be able to host her at Yoga lyengar 91.

The Schedule

| Friday October 5, 2018 | Saturday October 6, 2018 | Sunday October 7, 2018 | Monday October 8, 2018 |
|---|---|------------------------|--------------------------------------|
| Teacher Sessions during the WEEKDAYS at 91 rue du | Student Sessions (for those with 1 or more years of practice) | | Ŭ |
| | | | Faubourg Saint-Martin 75010 PARIS |
| 1 PM-4 PM | 10 AM-1 PM | 9AM-12 AM | 9 AM- 12 AM |
| 4 PM-5 PM break | 1 PMh-3 PM pause | 12 AM-2 PM pause | 12 AM-2 PM pause |
| 5 PM-7:30 PM | 3 PM-5:30 PM | 2 PM-4:30 PM | 2 PM-4:30 PM |

About the Workshop

<u>STRUCTURE</u> / The workshop is comprised of 2 parts:

« WEEKDAYS» = Friday 5th and Monday 8th Octobre. These days are reserved for teachers ; for those in teacher training ; or for students with a letter of recommendation from their teacher **« THE WEEKEND» =** Saturday 6th and Sunday 7th Octobre. These days are open to students who have completed one year of lyengar yoga or more.

FEES / "WEEKDAYS" = 220€

"THE WEEKEND" = 180€ ALL FOUR DAYS = 380€

LANGUAGE/ Gabriella will teach in English.

VENUES / « WEEKDAYS » :

Yoga lyengar 91 at 91, rue du Faubourg Saint-Martin 75010. Open the coach door (1492) back of the courtyard on the right.

All practice materials are supplied at this venue.

« THE WEEKEND » :

<u>Calentito 134</u> Immeuble Métropole 19 134-140 rue d'Aubervilliers 75019 PARIS. Métro : Stalingrad ; Crimée <u>To bring with you to this venue</u> : 1 mat ; 4 blankets ; 2 belts ; 2 blocks.

HOSPITALITY/ a light snack (homemade vegetarian soup) will be served to you during the break

<u>REGISTRATION</u> / the venues open one half hour before the workshop.

<u>PRIORITY</u> priority will be given to those wishing to do the complete workshop. Inscriptions will be registered in the order of arrival. If the workshop is full, we will send you back your check in the envelop you supplied us with.

<u>CANCELLATION</u> If you cancel before Septembre 5th 2018 we will send you back your check. <u>After that date no reimbursement can be made.</u>

Pour plus d'information: dameliotoni@gmail.com

HOW TO REGISTER/

Send :

-- the filled out registration form;

--a self-addressed stamped envelop

--your reservation check made payable to Diffusion Sciences de Yoga Iyengar (DSYI)

To :

Yoga Iyengar 91 91, rue du Faubourg Saint-Martin 75010 PARIS

Formulaire d'inscription

| Paste you | r photo |
|-----------|---------|
|-----------|---------|

| Surname | _Given Name | | |
|--|--------------------------------|--|--|
| Email | Mobile Phone | | |
| I am the student of | and have been practicing since | | |
| Are you currently in Teacher-Training ? yes no If « yes », who is your Teacher-Trainer ? Are you a yoga teacher ? yes no If you area a teacher, what is your certification level ? If you are neither a Teacher nor in Teacher-Training, but wish to participate during the « WEEKDAYS », please attach a letter or recommendation from your teacher in support of your application. | | | |
| Please use this space to inform us of any physical restriction | | | |
| | | | |
| Need a receipt ? Give us the details | | | |

Check the apposite box :

- □ I register for the entire workshop (5-6-7-8 October) and enclose a check for 380€
- □ I register for « WEEKDAYS » (Friday 5 + Monday 8 October) and enclose a check for 220€
- □ I register for « WEEKEND » (Saturday 6 + Sunday 7 October)and enclose a check for 180€